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[www.academyofstpaul.org](http://www.academyofstpaul.org)

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February 9, 2018

Dear Parents,

We are thrilled once again to be supporting the American Heart Association to help teach our students how to take care of their Hearts through the Jump Rope for Heart and Hoops for Heart programs. We will be participating in the Jump Rope for Heart program Monday, March 5<sup>th</sup> and Tuesday, March 6<sup>th</sup> with our buddies doing a wide variety of jumping skills during the day. Grades 5-8 will participate in the Hoops for Heart program on Thursday, March 8<sup>th</sup> by participating in a basketball tournament.

For the Hoops for Heart program, the students will all be on a team of a designated color. They will wear their Physical Education sweatpants over their Academy of St. Paul Physical Education shorts until tip-off. No basketball shorts of any team should be worn. If the students choose to decorate their shirts, we ask all the students participate in this fun preparation.

All our students have been given an envelope to help raise funds for this cause. You may also donate online. We wish to make children aware that everyone's donation can make a difference as the funds raised support the heart association's research and education initiatives that help save lives in our community. Heart disease is the #1 killer of all Americans, more than all forms of cancer combined. Additionally, our school earns money for Physical Education equipment so we can help keep our kids MOVING!

The class that collects the most envelopes (not money) will get a free PE class later in the year, after the snow melts and it gets warmer. So, if all students in your child's class donate something, his or her class will get a free class. If there is a tie, both classes will get a free class. Students in grades K-4 will receive different "prizes" than students in grades 5-8. Please designate which prizes you would like. We ask that all donations be in by Thursday, March 3<sup>rd</sup>.

In the past with your generous contributions, we have been named New Jersey's #10 Jump/Hoops for Heart School fundraiser for 2016. That's quite an accomplishment! Thank you all so much.

If you have any questions, please contact me at [jdonnelly@academyofstpaul.org](mailto:jdonnelly@academyofstpaul.org).

Sincerely,

Mrs. Donnelly  
Physical Education/Health Teacher

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