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Dear Families,

Updated January 19, 2022

On January 13, 2022 we received an update from the NJDOH *regarding COVID-19 Public Health Recommendations for Local Health Departments for Schools* regarding isolation and quarantine timeframes. On January 4, 2022, the CDC updated COVID-19 isolation and quarantine recommendations with shorter isolation (for asymptomatic infected and mildly ill people) and quarantine periods of 5 days to focus on the period when a person is most infectious, followed by continued masking for an additional 5 days. The mask should be well-fitting and limit participation in activities to only those activities where masks can be worn consistently and correctly.

**Students, faculty, or staff who test POSITIVE for COVID-19 (regardless of vaccination status) or individuals who have not been tested and do not have an alternative diagnosis from their healthcare provider should:**

- Stay home and isolate from other people for at least 5 days. (Day 0 through Day 5 or, if asymptomatic, the day the test was performed)
- If symptoms resolve (no fever is present for at least 24 hours and other symptoms improve), isolation can end after 5 full days (on day 6). Wear a well-fitting mask when around others at home and in public, indoors and outdoors, on days 6-10.
- If that student, faculty, or staff member is eligible to return to school after 5 full days of quarantine, and a negative rapid antigen test the morning of their return.
- The Fever Free App must be completed prior to coming to school.
- If symptoms persist or a fever is present, isolation must continue until the person is symptom and fever free for at least 24 hours and other symptoms have improved

**Students, faculty, or staff who are identified as a Close Contact and are unvaccinated/not fully vaccinated:**

- Stay home and isolate from other people for at least 5 days after notification (Day 0 through Day 5). Individuals are considered exposed if they had close contact during the individual's isolation period (Day 1-5)
- If symptoms occur, get tested and follow isolation recommendations
- If asymptomatic, get tested at least 5 days after exposure and give a copy to the nurse
  - If test is positive, follow isolations recommendations above.
  - If test is negative, you can return to school on Day 6

**Students, faculty, or staff who are identified as a Close Contact and are fully vaccinated who DO Not need to quarantine:**

- Individuals who have completed the primary series of COVID-19 vaccines.
  - Ages 5-17, a primary series consists of 2 doses of the Pfizer-BioNTech COVID-19 vaccine
- Individuals who had confirmed COVID-19 within the last 90 days.

Sincerely,

The ASP Administrative Team